

## East Lyme Giving Garden (ELGG) Volunteer Garden Safety Rules

### Volunteering with the ELGG.

We aim to provide and maintain an inclusive, safe, healthy and accident-free garden for everyone. Safety in the garden is the responsibility of each person who chooses to work in the garden. Each Volunteer 18 years of age and older is required to read and sign a copy of these garden rules

No-one under the age of 18 can perform volunteer work in the garden unless supervised by a parent or legal guardian except when volunteering through an organized group (e.g., the Scouts). Children under 6 years of age are not allowed in the garden.

### The Safety Garden Rules

- The garden is an alcohol-free, smoke-free, drug- free and weapon-free environment.
- Pets, other than service animals, are not allowed on the premises.
- As Covid-19 remains a public health risk, in the garden you are required to:
  - Practice social distancing by staying at least 6' away from other people unless this is not possible because of the nature of your work, in which case, case contact times should be minimized.
  - Wash or sanitize hands on arrival at the garden, after touching surfaces that may have become contaminated (e.g., using shared garden tools), after using the toilet, after blowing your nose/coughing and on leaving the garden
- A Daily Manager will be at the garden whenever volunteer work is performed. You will be informed of the Daily Managers name and where/how to contact the Daily Manager during volunteer work.
- You must not work in the garden if the Daily Manger is not present
- Your clothing and footwear must suitable for garden work, clean (free of obvious contamination), and must include closed toed shoes/boots
- You must report any health & safety, environmental, harassment or discrimination concerns to the Daily Manager
- Do not start or continue a task unless you feel the work has been clearly explained and you:
  - understand what is required of you and you know how to perform the task safely
  - know what equipment, including safety equipment, you will need to use and you know how to use it
  - have sufficient experience and/or there is adequate supervision for you to do the work safely
- Children under the age of 18 cannot use power tools.
- Your work may involve use of sharp tools. Use caution when selecting and using tools, when working next to others and when returning tools to their proper place
  - If a tool is in poor condition/unsafe do not use it and report it to the Daily manager
  - If you bring your own garden tools, they must be free clean (free of obvious contamination) and must not be shared with others
- Stay hydrated and protect yourself from exposure to sun and heat. You are encouraged to bring your own water (glass containers are not allowed in the garden), snacks and sunscreen
- No one will work in the garden if a thunderstorm is imminent or if there is lightening.
- Do not work in the garden if it is too hot/humid, or if you are feeling ill or if you have exposed cuts/wounds/lesions
- Stop work if you cut yourself, seek first aid treatment and report to the Daily Manager
- In an emergency, such as a medical issue or serious injury, immediately call 911 and inform the Daily Manager

- A first aid kit for treating minor wounds is available in the ELGG Shed
- Use the waste area(s) and trash containers identified for the work you are doing; when removing invasive plants please use identified waste areas/containers to ensure proper disposal
- Do not handle any chemicals or garden products unless instructed to do so by the Daily Manager.
- Do not handle any plants you are not familiar with
- You must stay away from vehicles and associated equipment at all times in the garden.
- Please report any damage to the garden fencing you observe to the Daily Manager

**For Volunteer who is a parent/guardian of a child/children who will be brought to the garden (if not applicable strike through this section)**

*A parent or guardian who supervises their child/children in the garden (including having a child with them as they perform volunteer activities) in signing this document confirms they understand that they are solely responsible for the health and safety of their child/children at all times in the garden. The parent/guardian must ensure that each child is closely supervised at all times. If a child performs volunteer activity, the parent/guardian is responsible for ensuring that their child only performs activities their child can do safely. The parent/guardian must undertake to ensure that each child will follow the garden rules at all times.*

*I declare that I am a parent or legal guardian of the following child/children who may be with me in ELGG and who may watch my volunteer activity and/or perform volunteer activity themselves.*

Name of Child: \_\_\_\_\_ Age of Child: \_\_\_\_\_

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Following these garden safety rules will minimize the risk of personal injury while volunteering in the garden. You are, however, advised to check that you have health insurance coverage for your volunteer work.

I have read, understand and will at all times abide by these garden safety rules.

**Name of Volunteer 18 years of age and older (please print):** \_\_\_\_\_

**Signature of the Volunteer** \_\_\_\_\_ **Date** \_\_\_\_\_

**Emergency Contact Information:**

Name \_\_\_\_\_ Telephone # \_\_\_\_\_

Name \_\_\_\_\_ Telephone # \_\_\_\_\_